

Our Principles

Mindful Salon Aesthetic:

Our salon has been designed to be a sanctuary in every sense: Our business phone is located in the back and is on silent (dont worry, we are always checking our texts from the computer, and we often check voicemails throughout the day to make call backs). The black ceiling combined with low and indirect lighting, creates a soothing ambiance that invites relaxation. All of our plants provide a grounding effect. Positive Affirmation cards are available to help put your mind in state of gratitude and well-being. For those seeking an even deeper level of relaxation, noisecancelling headphones are available, complete with a guided meditation to help drown out any residual sound. Recognizing that everyone's comfort level varies, we offer the option to draw the curtains for those desiring a more secluded experience. And if you're in the mood to get cozy, blankets are readily available.

Organic and Clean Skincare Products:

We believe that true luxury is about nurturing your body with the best that nature has to offer. That's why we are committed to using only the cleanest skincare products possible in our treatments. Our range of creams, oils, scrubs, and masks are all derived from natural sources, ensuring that your skin receives the purest care.

Health-Oriented Service Techniques:

At The Sole Sanctuary, we understand that beauty should never come at the cost of health. Our service techniques are health-based; we do not remove cuticles as they are important for keeping harmful microorganisms from entering our bodies. We refrain from using graters or razors on calluses which remove skin unevenly and often too deeply. We avoid using drills that can thin the natural nails. With our services, the health of your nails, cuticles and soles will improve, rather than deteriorate.

Toxin-Free Nail Polish and Soak-Off Gel Polish:

Fume-free spa. We do not offer acrylic nail or hard gel services. We use only soak-off gel polish and toxin-free nail polish, providing you with a beautiful finish without compromising your health. Unlike traditional nail salons, our space is free of harsh chemical fumes and dust, allowing you to breathe easy during your visit.

Medical-Grade Sanitation Protocols:

Cleanliness is our top priority. We go above and beyond the standard requirements by adhering to medical-grade cleaning and sanitization protocols, using an autoclave for sterilization and packaged metal tools for each client. Nail files and buffers are disposable and used only once to ensure the highest level of hygiene.

Experience the difference of a pedicure at The Sole Sanctuary. Here, every treatment is a step towards holistic wellness.



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